



WOMEN DOING WELL
PATHWAY
PHASE 2

FACILITATOR GUIDE

Grow in confidence with a deeper understanding of your purpose, find courage to step into your passion, and explore what God has entrusted to you.

PHASE 2: GROW

WEEK 4: BE COURAGEOUS

Schedule

_____	Open/Theme/Homework Review (10")	👤
_____	Be Courageous, Saxton (20")	▶
_____	Scripture Reflection, The Armor of God — Ephesians 6:10—18 (5")	📄
_____	Open Your Hands to Give and Receive, WDW (5")	📄
_____	Brighter Faith & Co Story, Bohannon (15")	▶
_____	Homework — Time Inventory, Three Servants Parable (5")	📖



OPEN/THEME/HOMEWORK REVIEW

10"

Welcome

- I am so glad to be back together this week.

Theme of the Week

- The theme of today is **Be Courageous**.
- We'll start with a teaching video from Jo Saxton about the amazingly courageous women who supported Jesus' ministry.
- And then we'll spend some time in Scripture, before reading an inspirational story.
- Our last video is the incredible story of a young woman who sought courage in her conviction.

Homework Review

- Before we start, let's talk about this past week's homework.
- Do you have any questions about last week's session, **Identity in Christ**?
- Last week, I asked you to reflect on the stories you believe about yourself and write a letter to your younger self using the journaling process that Lauren walked you through.
- What stood out or resonated with you?



Overview the session...

- Our first video today is a teaching video from Jo Saxton about the women in the Bible, the ‘hidden figures’ that were part of Jesus’ ministry.
- These women also funded His ministry.
- Theirs is a story of amazing courage that left a powerful legacy.

Introduce the Presenter...

- Jo Saxton is an author, speaker, podcast host, and leadership coach.
- She has dedicated her career to growing leadership teams around the world and empowering women to find their purpose in their personal lives and in leadership.
- Born in London to parents who immigrated from Nigeria, Jo credits her family’s unrelenting work ethic and the grace of God for the bold, tenacious approach she takes to sharing her wisdom on identity, influence, and living an authentic life.
- She is characterized by her effervescent honesty and warm approachability, leaving audiences with practical next steps in areas that are usually a bit ambiguous.

Overview/Show the Video...

- As you watch the video, listen to how God is calling on you to be courageous in your followership of Him.
- Turn to your participant notes. There you’ll find information about our presenter and space for notes.
- **(Show the video)**

Facilitate Discussion, Affirming Women as They Contribute ...

- Did anything in Jo’s teaching resonate with you?
- Can you identify a time when you were called to be courageous in your calling?
- How can you be more receptive to hearing God’s call?



Overview the Reading

- We are going to read a passage from Scripture that will be helpful in framing our discussion today.
- It focuses on how God’s work in us provides us with His armor to be courageous.
- Please turn to your participant notes where the Scripture is captured.
- **(Ask one of the women to read the Scripture).**

Ephesians 6:10—18 (NIV)

10 Finally, be strong in the Lord and in his mighty power. 11 Put on the full armor of God, so that you can take your stand against the devil’s schemes. 12 For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. 13 Therefore put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything, to stand. 14 Stand firm then, with the belt of truth buckled around your waist, with the breastplate of righteousness in place, 15 and with your feet fitted with the readiness that comes from the gospel of peace. 16 In addition to all this, take up the shield of faith, with which you can extinguish all the flaming arrows of the evil one. 17 Take the helmet of salvation and the sword of the Spirit, which is the word of God. 18 And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord’s people.

Facilitate Discussion, Affirming Women as They Contribute

- Is there anything that resonated with you in this passage?
- The passage uses examples of how God’s “armor” can be protective in our lives. Can you think of how that might apply in your giving/ generosity?



Overview the Reading

- We're going to read from our Women Doing Well blog.
- The reading is called “Open Your Hands to Give and Receive”.
- As you read, think about what the passage is saying to you — when you see a scarcity or abundance mindset, what is your response?

Directions for the Reading

- Please turn to your participant notes for the reading “Open Your Hands to Give and Receive”.
- Ask the women to take turns reading a few paragraphs.

Facilitate Discussion, Affirming Women as They Contribute

- Was there any way that the reading resonated with you?
- Did you see the turn from a scarcity to an abundance mindset?

Reading

God is always trying to give good things to us, but we have our hands too full to receive them.

- SAINT AUGUSTINE

I read the quote above and thought, You bet my hands are full! My pantry is full of pasta and paper goods!

We are currently in a time of scarcity, not abundance. Throughout the day the news tells me there is not enough to go around: Not enough hospital beds, respirators, masks, and now a great loss of jobs due to





COVID-19. This is an especially hard time to open my hands to give fully, even if God promises to give something good in exchange.

Thankfully God does not change in crisis. In Malachi 3:10, the Lord says, "Bring the full tithes into the storehouse, that there may be food in My house. And thereby put Me to the test, if I will not open the windows of heaven for you and pour down for you a blessing until there is no more need."

In this time of scarcity, we're called to be generous. My friend Mary recently spent a day eliminating expenses like Netflix and other monthly subscriptions. When she made the call to cancel Tae Kwon Do she was met with resistance and told she was under a contract. The call ended in harsh words on both sides. The Tae Kwon Do owner called back a few minutes later to communicate they would cancel the monthly payment, but soon they will not be able to pay their employees. Mary remembered that generosity is the way people see God's heart. She responded saying not only would she continue with the monthly payment, but double it! Mary experienced such joy in giving generously.

Radical generosity gets our attention. In just the last few weeks, Today show co-host Hoda Kotb broke down on air after interviewing New Orleans Saints quarterback Drew Brees about his \$5 million donation to the state of Louisiana amid the COVID-19 pandemic. And in Naples, Florida an anonymous diner left behind a \$10,000 tip at Skillet's restaurant. The tip was distributed so each employee would receive \$500. Little did they know that the next day, the governor would force dining rooms statewide to close. But, God knew and provided through giving.

Love motivated generosity changes the world. As Jesus reminds us in John 3:16, "God so loved the world that He gave His one and only Son, so that everyone who believes in Him will not perish but have eternal life."

Jesus was gathered with His friends and disciples in a home when a woman poured her expensive perfume over His Head. The friends and disciples reacted with criticism saying this was wasteful. But Jesus saw a generous heart. He said, "Why criticize this woman for doing such a good thing to me? You will always have the poor among you, but you will not always have me. She has poured this perfume on me





to prepare my body for burial. I tell you the truth, wherever the Good News is preached throughout the world, this woman's deed will be remembered and discussed" (Matthew 26:10-13).

What are you holding on to that could be given generously to further the Kingdom of God? Is it your time, your talent, or your treasure? God wants to lavish you with so many beautiful blessings. I am learning that true joy comes from releasing what is in our hands and living a life of radical generosity.

▶ — Video — **BRIGHTER — FAITH & COMPANY, Liz Bohannon** — 15”

Overview the session...

- Our second video today is the story of Sseko, a socially conscious lifestyle brand.
- There are times when we are confident where our passion is, but not sure how God wants us to serve, to give of our time, talent and resource.
- This story shows how following God's leading, with confidence in Him, started something bigger than one woman could have ever imagined.

Introduce the Presenter...

- Liz Forkin Bohannon is the founder of Sseko Designs, an ethical fashion brand that works to educate and empower women.
- In four years, Sseko has grown from three women making sandals together under a mango tree, to an international fashion brand that provides employment, educational opportunities and entrepreneurial training to over 50 women in East Africa.
- She believes deeply that business is a powerful platform for social change and that girls are our future.





Overview/Show the Video (11")...

- As you watch the video, listen to Liz's amazing vision for building strong partnerships among women.
- Please turn to your participant notes — there is the information about our presenter, as well as a space for you to take notes.
- **(Show the video)**

Facilitate Discussion, Affirming Women as They Contribute ...

- What did you think of Liz's overwhelming commitment to following her passion?
- What might be holding you back from having that kind of courage?
- Did anything else stand out to you in the video?



CLOSE/HOMEWORK

5"

Sharing

- We have just a few minutes.
- Would one of you be willing to share a take-away from today's session, **Be Courageous?**
- Your sharing helps inform how we can pray for you this week.

Homework – Time Inventory, Parable of the Three Servants

- Your homework is critical for your journey towards a more wholeheartedly generous life.





- This week your homework is to do a time inventory and read Scripture.
- Look at your calendar, do an inventory of where you're spending your time (you won't have to report back, it's for your learning only).
- Read and reflect on the Parable of the Three Servants (Matthew 25: 14-30).
- I look forward to being with you for **Week 5: How Will I Give.**

Close in Prayer

- As we close, I am going to pray for each of you.