







WOMEN DOING WELL  
PATHWAY  
PHASE 2

Grow in confidence with a deeper understanding of your purpose, find courage to step into your passion, and explore what God has entrusted to you.

# PHASE 2: GROW

## WEEK 3: IDENTITY IN CHRIST

### Schedule

_____	It's Personal, Lauren Tomlin .....	
_____	Worship Reflection — “You Know Me” .....	
_____	My Child .....	
_____	Homework — Lessons to My Younger Self .....	

### — Video — IT'S PERSONAL, Lauren Tomlin

#### Presenter

Lauren Tomlin is unquestionably outspoken, yet she seems to master an interesting balance. She knows when to hammer out an issue, and when to release her grip. It's a lesson that very few of us have learned. Our choices can strengthen the weakest relationships, and tear down even the strongest.

#### Overview/Questions

- As you watch the video, listen for how Lauren cautions us to listen so that we accept what Jesus is telling us.

#### Notes

- 3 For though we live in the world, we do not wage war as the world does. 4 The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. 5 We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ. 2 Corinthians 10:3—5





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- Name the Lie

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- Take it to Jesus

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- Listen

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- 3 The gatekeeper opens the gate for him, and the sheep listen to his voice. He calls his own sheep by name and leads them out. 4 When he has brought out all his own, he goes on ahead of them, and his sheep follow him because they know his voice. John 10:3—4

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- Listening exercise
  - “I reject the lie that I can’t hear from God”

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- “Jesus, identify what are the agreements I have been making with the enemy?”

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- “Jesus, I’m open, and want to hear from you. Would you bring your healing truth to me?”

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- “In the authority of Jesus Christ, I reject the lie...”

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- “I’m open and want to hear from you. Would you bring your healing truth to me?”

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- “Jesus, will you tell me how much you love me?”

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## Reading

My Child,

You may not know me,  
but I know everything about you.

Psalms 139:1

I know when you sit down and when  
you rise up.

Psalms 139:2

I am familiar with all your ways.

Psalms 139:3

Even the very hairs on your head are  
numbered.

Matthew 10:29-31

For you were made in my image.

Genesis 1:27

In me you live and move and have  
your being.

Acts 17:28

For you are my offspring.

Acts 17:28

I knew you even before you were  
conceived.

Jeremiah 1:4-5

I chose you when I planned creation.

Ephesians 1:11-12

You were not a mistake,  
for all your days are written in my  
book.

Psalms 139:15-16

I determined the exact time of your  
birth

and where you would live.

Acts 17:26

You are fearfully and wonderfully  
made.

Psalms 139:14

I knit you together in your mother's  
womb.

Psalms 139:13

And brought you forth on the day you  
were born.

Psalms 71:6

I have been misrepresented  
by those who don't know me.

John 8:41-44

I am not distant and angry,  
but am the complete expression of  
love.

1 John 4:16





And it is my desire to lavish my love on you.

1 John 3:1

Simply because you are my child and I am your Father.

1 John 3:1

I offer you more than your earthly father ever could.

Matthew 7:11

For I am the perfect father.

Matthew 5:48

Every good gift that you receive comes from my hand.

James 1:17

For I am your provider and I meet all your needs.

Matthew 6:31-33

My plan for your future has always been filled with hope.

Jeremiah 29:11

Because I love you with an everlasting love.

Jeremiah 31:3

My thoughts toward you are countless

as the sand on the seashore.

Psalms 139:17-18

And I rejoice over you with singing.

Zephaniah 3:17

I will never stop doing good to you.

Jeremiah 32:40

For you are my treasured possession.

Exodus 19:5

I desire to establish you with all my heart and all my soul.

Jeremiah 32:41

And I want to show you great and marvelous things.

Jeremiah 33:3

If you seek me with all your heart, you will find me.

Deuteronomy 4:29

Delight in me and I will give you the desires of your heart.

Psalms 37:4

For it is I who gave you those desires.

Philippians 2:13

I am able to do more for you than you could possibly imagine.

Ephesians 3:20

For I am your greatest encourager.

2 Thessalonians 2:16-17





I am also the Father who comforts you in all your troubles.  
2 Corinthians 1:3-4

When you are brokenhearted, I am close to you.  
Psalm 34:18

As a shepherd carries a lamb, I have carried you close to my heart.  
Isaiah 40:11

One day I will wipe away every tear from your eyes.  
Revelation 21:3-4

And I'll take away all the pain you have suffered on this earth.  
Revelation 21:3-4

I am your Father, and I love you even as I love my son, Jesus.  
John 17:23

For in Jesus, my love for you is revealed.  
John 17:26

He is the exact representation of my being.  
Hebrews 1:3

He came to demonstrate that I am for you, not against you.  
Romans 8:31

And to tell you that I am not counting your sins.  
2 Corinthians 5:18-19

Jesus died so that you and I could be reconciled.  
2 Corinthians 5:18-19

His death was the ultimate expression of my love for you.  
1 John 4:10

I gave up everything I loved that I might gain your love.  
Romans 8:31-32

If you receive the gift of my son Jesus, you receive me.  
1 John 2:23

And nothing will ever separate you from my love again.  
Romans 8:38-39

Come home and I'll throw the biggest party heaven has ever seen.  
Luke 15:7

I have always been Father, and will always be Father.  
Ephesians 3:14-15





## Reading

My question is...  
Will you be my child?  
John 1:12-13

I am waiting for you.  
Luke 15:11-32

Love, Your Dad  
Almighty God

## Notes

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## HOMEWORK

### Letter to Your Younger Self

- Reflect on the stories you believe about yourself.
- As a way to reframe them, write a letter to your younger self using the journaling process that Lauren walked you through.